

Fingerplay Resource Handout

0-12 months



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Rhymes	Action
<p>Oh, the noble Duke of York, He had ten thousand men. He marched them up To the top of the hill, And marched them down again. And when they were up they were up And when they were down they were down. And when they were only halfway up, They were neither up nor down.</p>	<p>Lift baby as words indicate.</p>
<p>One, two, buckle my shoe. Three, four, shut the door. Five, six, pick up sticks. Seven, eight, lay them straight. Nine ten, a big fat hen.</p>	<p>Clap twice, tap shoes. Clap twice, clap hands. Clap hands, wiggle fingers Clap hands, pat hands on floor Clap hands, widen arms.</p>
<p>Bouncing up and down in my little red wagon, Bouncing up and down in my little red wagon, Bouncing up and down in my little red wagon, Won't you be my darling?</p> <p>One wheel off and the axle's dragging, One wheel off and the axle's dragging One wheel off and the axle's dragging, Won't you be my darling?</p> <p>Hammer that wheel back on the wagon, Hammer that wheel back on the wagon, Hammer that wheel back on the wagon,</p>	<p>Bouncing up and down on parents lap</p> <p>Tipping from side to side</p> <p>Using hand as an imaginary hammer</p>

<p>Won't you be my darling?</p>	
<p>Roly Poly, Roly Poly In, in, in</p> <p>Roly Poly, Roly Poly Out, out, out!</p> <p>Roly Poly, Roly Poly, Touch your toes</p> <p>Roly Poly, Roly Poly, Touch your nose!</p> <p>Roly Poly, Roly Poly, To the sky.</p> <p>Roly Poly, Roly Poly, Fly! Fly! Fly!</p>	<p>(Tune: Open, Shut Them)</p> <p>Arms twirl around in front of baby</p> <p>Arms cross over each other in front of body</p> <p>Arms twirl around in front of baby</p> <p>Arms reach behind back</p> <p>Arms twirl around in front of baby</p> <p>Touch toes</p> <p>Arms twirl around in front of baby</p> <p>Touch nose</p> <p>Arms twirl around in front of baby</p> <p>Raise baby to standing position</p> <p>Arms twirl around in front of baby</p> <p>Raise baby into sky and fly from side to side</p>
<p>I love you, You love me We're as happy as can be! Here's a great big kiss And a hug from me to you, Won't you say you love met too!</p>	<p>(Tune: This Old Man)</p> <p>Babies arms in, pointing to self Babies arms extended out Rocking baby side to side Kissing baby Hug baby Rocking baby side to side</p>
<p>Down by the meadow in an itty bitty pool</p>	<p>(Tune: Down in the Meadow)</p> <p>Movements for Baby Baby lying on back facing parent</p> <p>Scissor movement with legs</p>

<p>Swam three little fishes and a mommy fishy, too</p> <p>Swim,” said the mommy fishy “Swim, if you can”</p> <p>So they swam and they swam all over the dam</p> <p>Boop, boop, ditta, datta Wattem, shoo!</p> <p>Boop, boop, ditta, datta wattem, shoo!</p> <p>Boop, boop, ditta, datta wattem, shoo!</p> <p>And they swam and they swam all over the dam!</p>	<p>Bend knees up to chest</p> <p>Up and down kicking motion with legs</p> <p>Circle legs around, rotating hips</p> <p>Cross left leg over right, then right leg over left</p> <p>Repeat</p> <p>Repeat</p> <p>Circle legs around, rotating hips</p>
<p>Merry-go-round. Merry-go-round, We go riding all around. First we’re up, then we’re down. We go riding all around. Hold on tight and don’t fall down!</p>	<p>Side to side rocking on parent’s lap</p> <p>Knees up, knees down</p> <p>Side to side rocking</p> <p>Child falls between parent’s knees</p>
<p>Knock, knock, knock</p> <p>Peek in</p> <p>Open the latch</p> <p>And walk right in</p> <p>How do you do Mr. Chinny, chin, chin?</p>	<p>Parent knocks on floor</p> <p>Cover baby’s arms over eyes and quickly uncover them</p> <p>Cross baby’s arms over chest and then extend out to side</p> <p>Walk fingers up baby’s tummy</p> <p>Tickle baby under chin</p>
	<p>Lift baby as words indicate.</p>
<p>Mama’s little baby loves dancing, dancing, Mama’s little baby loves turning around. Mama’s little baby loves dancing, dancing, Mama’s little baby loves to boogie down. Lean to the left, Lean to the right, Hug that baby nice and tight! Mama’s little baby loves dancing, dancing,</p>	<p>(Tune: Mama’s Little Baby Love Shortnin Bread)</p> <p>Use as a circle song</p>

<p>Mama's little baby loves turning around. Mama's little baby loves dancing, dancing, Mama's little baby loves to boogie down.</p>	
<p>Let's tap our feet together, together, together Let's tap our feet together Because it's fun to do. (Clap hands, wiggle nose, shake arms)</p>	
<p>My toes are starting to wiggle My toes are starting to wiggle My toes are starting to wiggle Around and around and around (Hands/clap, feet/stomp, eyes/blink, fingers/scratch)</p>	
	<p>Lift baby Lower baby Bounce Turn baby</p>
<p>Tommy Thumb is up And Tommy Thumb is down Tommy Thumb is dancing all around the town. Dance him on your shoulders Dance him on your head Dance him on your knees And tuck him into bed.</p>	
<p>Trot along to Boston Trot along to Lynn Watch out baby Or you might fall in. Trot along to London Trot along to Dover Watch out baby Or you might fall over</p>	<p>Bounce on knees Support baby and dip backwards Bounce on knees Bounce on knees</p>
<p>Criss cross Applesauce Spiders crawling up your back Cool breeze Tight squeeze Now you've got the shiveries</p>	<p>Draw X on back Tap shoulders Creep fingers up back Blow on neck Hug Tickle</p>

	<p>Clap hands/pat knees</p> <p>Roll hands, pat hands, draw “B”</p> <p>Tickle baby</p>
<p>Ten candles on a birthday cake All lit up for me. I’ll make a wish and blow them out. Watch and you will see.</p>	<p>Hold up ten fingers Wiggle fingers</p> <p>Blow and bend fingers down</p>
<p>Smooth Road, Smooth Road Bumpy Road, Bumpy Road Rough Road, Rough Road Hole</p>	<p>Move baby in circular motion on lap Bounce on lap Increase height and speed Gently drop child between legs</p>
	<p>Touch child’s toes</p> <p>Touch child’s knees</p> <p>Touch child’s tummy</p> <p>Give child loud kiss</p>
<p>What do I see? Baby’s knee. Tickly, tickly, tic, tac, tee. One for a penny, two for a pound. Tickly, tickly, round and round.</p>	<p>With one finger draw circle on baby’s knee, at the end, tickle baby’s knee.</p>